

RCN Wales Study Centre Newsletter April 2025

Dear Colleague

Welcome to our April 2025 newsletter, featuring upcoming events and information about RCN resources we hope will be of interest to you in your continuing professional development and lifelong learning. We can also arrange bespoke learning for groups of 12 people or more – please contact us at CPDWales@rcn.org.uk for further details.

Follow us on a social media platforms and to support our campaigns, events and activities.



/RCNWales



rcn_wales



@thercnwales.bsky.social



rcn_wales

RCN Wales Study Centre learning events.

These CPD learning events are currently open for bookings. You can find details of all our upcoming events on our website at rcn.org.uk/wales-events

Record Keeping webinar – bookings close 3 April!

Morning event – for Registered Nurses, Health Care Support Workers and Nursing Students
Thursday 10 April 2025, 9.30am – 12pm (online)
<https://bit.ly/421q4kQ>

Strategies for Promoting Personal Health and Wellbeing – bookings close 23 April!

Morning event – suitable for all roles in the nursing and midwifery team
Wednesday 30 April 2025, 9.30am – 12.30pm (online)
Book here: <https://bit.ly/3CFSCpM>

Myth Busting – The approach the NMC takes when investigating concerns – FREE webinar

Thursday 22 May 2025, 10am – 12pm (online)
This webinar is aimed at nursing and midwifery health care professionals who are registered with the Nursing and Midwifery Council (NMC), or are about to be registered with the NMC – e.g. 3rd year nursing students - working in any sector.
Book here: <https://bit.ly/4i2Le7G>

Making sense of Women's Health in Wales

Morning event - for Registered Nurses, Health Care Support Workers and Nursing Students
Tuesday 15 July 2025, 9.30am – 1pm (online)
Book here: <https://bit.ly/4bVY1q3>

Accountability and Delegation

Morning event – for Registered Nurses, Health Care Support Workers and Nursing Students
Tuesday 12 August 2025, 9.30am – 12.30pm (online)
Book here: <https://bit.ly/3X0ZftS>

ACTION NOW – Email your MS!

Corridor care is unsafe, undignified, and unacceptable. Welsh government needs to take immediate action to eradicate it.

Click the link below to send a message to your politicians today letting them know why you want them to take action.

<https://www.rcn.org.uk/email-your-MS>



CORRIDOR CARE IS NOT SAFE CARE.

Email Members of the Welsh Parliament today.



RCN.ORG.UK/
EMAIL-YOUR-MS

 Coleg Nyrsio Brenhinol
Cymru
Royal College of Nursing
Wales

 SAFE STAFFING SAVES LIVES
MAE STAFFIO DIOGEL YN ACHUB BYWYDAU

Show your support in the campaign against the proposed Cardiff University cuts to nursing degree education

Cardiff University is considering whether to cease providing nursing education, even though its courses are ranked top in Wales and 5th in the UK. We're campaigning to stop this shocking proposal, which would cause all 78 academic staff to lose their jobs.



Find out more:

- RCN Wales has formally responded to Cardiff University's internal consultation on the proposed closure of its School of Nursing, expressing deep concern over the impact. You can [read the full response](#).
- Read the RCN Wales briefing, titled Wales Needs Nurses – Protect Nursing Education, in [English](#) and [Welsh](#)
- Read the blog posts [‘Responding to Cardiff University’s proposal to close its School of Nursing’](#) and [‘Raising our voices: Protesting with RCN student members in Cardiff’](#)

Actions you can take:

- [Sign the petition](#) to help secure a debate in the Senedd.

Keep up to date with RCN Wales social media channels for further updates and ways you can show your support against these proposed cuts.

Facebook: [/RCNWales](#) Bluesky: [@thercnwales.bsky.social](#) Instagram: [rcn_wales](#)

RCN Congress 2025 – find out what's on the agenda!

RCN Congress 2025 will take place in Liverpool from 12 to 15 May. Congress is the ultimate opportunity to network, hear from exceptional keynote speakers and take part in vibrant debates about the issues affecting the nursing workforce.



From work-life balance to health tourism, and international student hardship and understanding neurodiversity, our 2025 Congress agenda offers a huge selection of vibrant and vital debates.

Plus, with a dynamic learning and wellbeing programme, industry exhibition and buzzing Liverpool location, you're sure to leave Congress feeling energised and inspired.

Explore the agenda now and book your free place at the [RCN Congress website](#)

Workshops to help you prepare for the Congress debates

RCN Libraries are helping you to prepare to get involved in the Congress debates, with a series of one hour workshops as part of our 'Preparing for Congress' series. Available for RCN members, online sessions are available on the following topics:

- **Criticality and Effective Presentation Skills**
[4 April, 10am – 11am](#)

RCN Events - April – some of the events and conferences coming up...

[Nurses and all that rubbish! Family event](#)

5 April 2025, 11am – 3pm (in-person in London, RCN headquarters)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Introduction to RCN Library Services](#)

8 April 2025, 12pm – 12.45pm (online)

FREE – this event is open to RCN members only

[Thriving and surviving - wellbeing for nursing staff](#)

9 April 2025, 1pm – 4pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

A UK-wide event for members working in the independent health and social care sectors

[Report Writing with the Royal Literary Fund](#)

24 April 2025, 10am – 12.30pm

FREE – this event is open to RCN members only

[Prison Nursing Unlocked: Exhibition Launch](#)

24 April 2025, 5pm – 8pm (online from 6pm or in-person in London at RCN headquarters)

FREE – this event is open to all, you do not have to be an RCN member to attend

Join us for the launch of a new exhibition on the history of prison nursing, from the early nineteenth century to the present day.

[Stories from Hospitals Back Home during the First World War](#)

Part of the Shining a Light: A History of Nursing Support Workers: Exhibition

29 April 2025, 6pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

Join our panel of speakers for an evening exploring how in the First World War, volunteers provided nurses with vital support as they cared for sick and wounded soldiers in hospitals back home.

[RCN Careers CV Masterclass: How To Stand Out and Secure Your Next Role](#)

30 April 2025, 12.30pm – 1.30pm (online)

FREE – this event is open to RCN members only

[Know How to Search CINAHL](#)

1 May 2025, 2pm – 3pm (online)

FREE – this event is open to RCN members only

[Know How to Reference Accurately](#)

6 May 2025, 11am – 12pm (online)

FREE – this event is open to RCN members only

[Easy referencing ... in 45 minutes](#)

16 May 2025, 12pm – 12.45pm (online)

FREE – this event is open to RCN members only

Upcoming conferences in 2025 - register your interest and book now!

[RCN Acute Care Symposium](#) – 20 June 2025 (in-person in London)

[RCN Children in Care Nursing Conference](#) – 23 June 2025 (online) – bookings now open!

[RCN International Nursing Research Conference](#) – 8 Sept – 10 Sept 2025 (in-person in Exeter)

[RCN Fertility Nursing Conference](#) – 2 October 2025 (in-person in London) – register your interest!

[RCN Advanced Nurse Practitioner Conference](#) – 10 October 2025 (online) – register your interest!

[RCN Trauma and Orthopaedic Nursing Conference](#) – 14 November 2025 (in-person in London)

[RCN SOM joint Occupational Health Nursing Conference](#) – 28 November 2025 (online or in-person in London) – register your interest!

[RCN Womens Health Forum Conference](#) – 9 December 2025 (in-person in London)

Find out what's upcoming by visiting the [RCN events webpage](#)

Wellbeing events

These free events aim to connect with our creative skills, learn something new and meet fellow RCN members.



[Time to Read: World Book Night](#)

23 April 2025, 6pm – 7pm (in-person in London, RCN headquarters)

Join fellow RCN members in the refreshed wellbeing area in the RCN London Library for a 'Time to' session on what we do best... books! Reading can have physical and mental benefits including stress reduction, strengthening your brain, and expanding your vocabulary. Our book of choice to be discussed on the day is *The Curious Incident of the Dog in the Nighttime* by Mark Haddon.

RCN Demonstrating Value Masterclass - new course available

The [RCN Demonstrating Value masterclass](#) is designed for health and social care staff leading service transformation and improvement. This one-day online masterclass focuses on enabling strategic and operational decision making based on the best available evidence through the application of the principles of economic assessment in practice. It will provide a broad understanding of principles of economic assessment; and how they inform service transformation and improvement.

The masterclass costs £190+ VAT, and is open to all, including RCN members and non-members. It will run online on the following dates in 2025:

- Monday 23 June 2025 (9.30am to 4pm)
- Tuesday 7 October 2025 (9.30am to 4pm)
- Tuesday 2 December 2025 (9.30am to 4pm)

Find out more and book on the [RCN Demonstrating Value masterclass webpage](#)

New professional development publication available:

[Eyes Right: Eye care insights for every health professional](#)

This guidance highlights the importance of eye care, the roles and responsibilities of the carer in delivering care and accessing the right care at the right time. It covers support for the visually impaired, mobility and living skills, ophthalmic emergencies and non-emergency conditions requiring attention.



The RCN produces a wide range of publications to develop practice and improve patient care. They can be downloaded free of charge from: rcn.org.uk/publications



EDUCATION GRANTS NOW OPEN

CLOSING DATE: 12 MAY

Open to applications from nurses, midwives, nursing associates, maternity assistants, healthcare support workers, and student nurses. You don't need to be a member of the RCN to apply.

RCN Foundation Professional Bursary Scheme: up to £1,600 available for continuous professional development. Open to UK registered nurses, midwives, healthcare support workers, nursing associates and maternity assistants

RCN Foundation Next Generation Grant: up to £1,000 available to support with living costs. This is open to graduates (in any discipline) wishing to become a nurse or midwife and direct entry nursing associate students undertaking a foundation degree

RCN Foundation Marcia Mackie and Rae Bequest Grants: up to £1,600 (Rae) and £1,000 (Marcia Mackie) available to support nurses working and residing in Northern Ireland undertake a course or programme that will improve patient care and develop practice

RCN Foundation Mair Scholarship: funding of up to £500 available to support the continuous professional development of occupational health nurses in Scotland

RCN Foundation Leathersellers Foundation Grant: up to £1,600 for non-mental health registered nurses working with children and young people who are experiencing challenges with their mental health and emotional wellbeing

RCN Foundation LV= Education Grant: up to £1,600 available to support with the professional development of healthcare support workers, nursing support workers, healthcare assistants, care home assistants and maternity support workers

RCN Foundation LV= Quality Improvement Project: Grants of to £2,500 are available to support nursing and midwifery led QI projects across the UK. This will close on 28 April.

Our Spring education grants are now open! If you're thinking of taking a course to help your career and professional development, look no further!

Grants of up to £1,600 are available and you don't need to be a member of the RCN to apply.

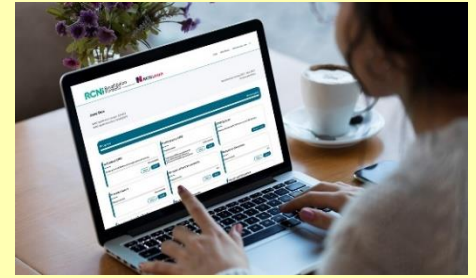
There are 6 grants open, and you don't need to be a member of the RCN to apply.

Applications close at 5pm on 12 May.

Visit our website to find out more & to apply: <https://bit.ly/3LOBroe>

'RCNi Revalidation Portfolio in association with RCN Learn', a tool for registered nurses, midwives and nursing associates.

The RCNi Revalidation Portfolio tool enables you to record practice hours, collate continuing professional development (CPD) activity and compile feedback and reflections all in compliance with the Nursing and Midwifery Council (NMC)'s requirements. The tool is **free** for RCN Members and RCNi Plus subscribers.



[Access the RCNi Revalidation Portfolio tool here on RCN Learn](#) (membership login required)

Also available - the RCNi Portfolio in association with RCN Learn

RCNi Portfolio in association with RCN Learn is now available for other parts of the nursing family who are not required to revalidate with the NMC (such as the nursing support workforce (NSW), students, assistant practitioners, health care assistants, trainee nursing associates, amongst others) but still wish to easily track and evidence their continuing professional development (CPD). **Free** to use for RCN members or RCNi Plus subscribers, check it out today!

[Access the RCNi Portfolio tool here on RCN Learn](#) (membership login or RCNi Plus required)

More Resources from the RCN that can support your professional development:

- [Learning Resources](#) – Includes resources that are free to access for RCN members and provide an introduction to a growing range of nursing essentials. Includes Introduction to Prehabilitation, Every Nurse an eNurse, Skin Health Toolkit, and more!
- [RCN Learn](#) – including free resources
- [Learning Resources for the Nursing Support Worker workforce](#)
- [RCN Accredited events and resources](#) – clinical learning from external sources, which have been accredited by the RCN as meeting standards of excellence
- [RCN Endorsed resources](#) – clinical learning from external sources, which meet the RCN's quality criteria for professional standards

RCN Care Home and Social Care Nursing Network

The [Care Home Network](#) provides RCN Members with a supportive environment to share best practice, offer solutions and help improve care in nursing homes. It is open to RCN members who provide nursing care in homes for the entire age range, across all clinical needs. Join this network by logging in through your [MyRCN](#) account and get involved today!



You can also join The RCN Care Home Network Facebook group, which is a space for you to get involved in open discussions with colleagues on the issues that affect you in Care Homes. <https://www.facebook.com/groups/RCNCareHomeNetwork/>



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 **Forums and networks**

rcn.org.uk/get-involved/forums

Interested in a particular nursing topic? Join a forum via [MyRCN](#)

- **Contribute to consultations**
- **Keep up to date with latest practice and developments**
- **Join forum discussions**

RCN Member Support Services – providing emotional and practical support for you

As an RCN member, you can get free, confidential help and advice on a range of issues that affect you at home and at work. Check out our [Member Support Services leaflet](#)

- Access to free professional telephone [counselling](#)
- [Careers service](#), including help with writing your CV and interview skills, and one-to-one telephone career coaching. Read the new [Thinking About Your Career](#) publication.
- [Financial Wellbeing](#) – the RCN can support members with providing benefit and income maximisation advice
- Get expert support and advice on benefits, tax credits, debt, and housing through our [Welfare Service](#)
- A free 30 minute [legal advice session](#) on matters not connected to work
- The [Peer Support Service](#) is a network for sharing experiences and resources for ill and disabled members.
- If you're an RCN member and you are already in the UK, you can get free, confidential support and assistance on [immigration issues](#)
- [RCN Foundation Hardship Grants](#) – The RCNF supports members of the nursing and midwifery professions who are experiencing financial hardship. **You do not have to be a member of the RCN to access funding.** Full eligibility criteria and application are both available online.

Student member? Get involved as an RCN Student Ambassador

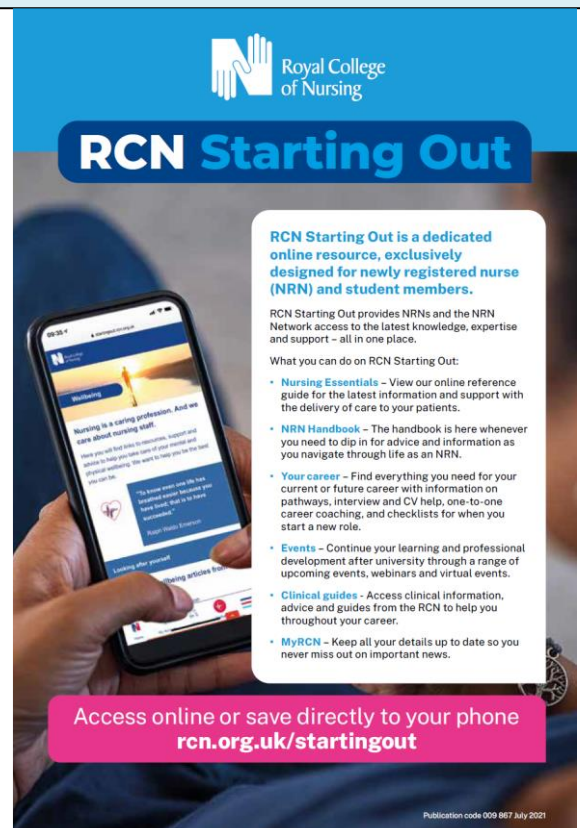
Championing the student voice – this is a role for a nursing student who is passionate, who wants to make a difference, who has energy and enthusiasm and who is willing to become active with the RCN to make positive changes. The RCN Student Ambassador role is open to RCN members who are in the student member category.


We will support you to help you get involved in:

- Signposting and supporting your fellow students
- Connecting and campaigning
- Questioning and influencing



Find out more details at:
rcn.org.uk/student-ambassadors



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RCN Starting Out

RCN Starting Out is a dedicated online resource, exclusively designed for newly registered nurse (NRN) and student members.

RCN Starting Out provides NRNs and the NRN Network access to the latest knowledge, expertise and support – all in one place.

What you can do on RCN Starting Out:

- **Nursing Essentials** – View our online reference guide for the latest information and support with the delivery of care to your patients.
- **NRN Handbook** – The handbook is here whenever you need to dip in for advice and information as you navigate through life as an NRN.
- **Your career** – Find everything you need for your current or future career with information on pathways, interview and CV help, one-to-one career coaching, and checklists for when you start a new role.
- **Events** – Continue your learning and professional development after university through a range of upcoming events, webinars and virtual events.
- **Clinical guides** – Access clinical information, advice and guides from the RCN to help you throughout your career.
- **MyRCN** – Keep all your details up to date so you never miss out on important news.

Access online or save directly to your phone
rcn.org.uk/startingout

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Launching in April – the RCN Wales Nurse of the Year Awards 2025!



Keep an eye on our [website](#) and social media throughout April as we launch the nominations for the 2025 awards.

More details in the next newsletter.

RCN Wales Library

RCN Libraries are open to RCN members as 'warm spaces', so pop in and see us for your learning needs, a chat, or a cuppa. We're open Monday to Friday in Cardiff, 9:00am-5:00pm. RCN Libraries will be open as warm spaces for members to relax, check email, meet friends, charge your phone, and do your printing.



Did you know that you can give us feedback and suggest books for our collection? Get in touch by email at wales.library@rcn.org.uk or online at [Feedback and book suggestions](#)

As always, our eBooks, eJournals and databases are available 24/7, and you can contact the library team by email any time. The [getting started](#) guide also addresses several common queries.

The postal loan service is still available and dispatching books once a week to members across Wales. You can use our [library catalogue](#) to search for books and journals, and once logged in, you can check your account online and renew books at any time.

The RCN have produced subject guides on a wide range of topics. Our selection includes guides on academic skills, leadership, and information to help you provide specialised care, no matter where you work. There is always something new to learn at: rcn.org.uk/library/subject-guides

Please don't hesitate to contact us at any time on wales.library@rcn.org.uk or 029 2068 0734 if you have any questions at all.

Make your voice heard and become more active in the RCN...

The voice of nursing needs to be heard.

Our power comes from our ability to stand together and demand what we need for our profession. [Find out how to get involved with your union](#) ↓

Get involved with the RCN through our Activism Academy. The Activism Academy is here to empower you to win meaningful improvements and positive change in your workplaces and the nursing profession.



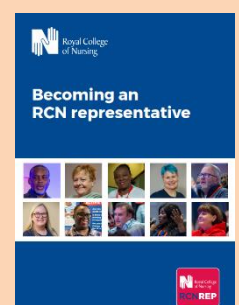
We want you to be part of nursing activism and lead on the issues that matter most to you. You are the RCN. By joining with other members, you can make nursing activism a force to be reckoned with! [Sign up for Activism News](#)

Become an RCN Rep

Reps are vital links between the RCN and our members. They are the RCN's ambassadors in the workplace, helping to influence policies, assist members and shape our profession. If you are an RCN member and a registered nurse or a health care assistant in employment, you can apply to become an RCN learning representative, safety representative or steward.

<https://www.rcn.org.uk/get-involved/rcn-reps>

Read more in our [Becoming an RCN Representative](#) booklet



We'd love for you to be part of our community of over half a million members www.rcn.org.uk/joining for professional support and other benefits or call 0345 772 6100.