**Brand/LOGO**

**Certificate of attendance**

**This certifies that**

Name:

**Has attended the following learning and training event**

Title of event:

Date of event:

**Signed by:**

[Name and Title]

**An RCN framework for reflection**

It is important for lifelong learning that you can try to capture what you have learned from any educational initiative that you have undertaken. One way of doing this is to reflect on the experience using a structured framework. Please use the questions below to help you assess what you have gained. Once completed, keep your reflections, together with the relevant documentation, in your personal professional portfolio.

**Now write your own notes using the following prompts:**

* What have I learnt from this event that maintains or develops my professional knowledge and competence?
* What do I know or can I do now that I couldn’t do before attending/completing this educational initiative?
* What can I apply immediately to my practice and client care?
* Is there anything I didn’t understand or need to explore further/read more about in order to clarify my learning?
* What else do I need to do/know to extend my professional development in this area?

Thinking about the four themes of the NMC Code how does this activity relate to the Code? Select one to explore:

* Prioritise People
* Practise effectively
* Preserve safety
* Promote professionalism and trust

**Royal College of Nursing events and conferences**

The RCN organises an annual programme of events and conferences, including the annual RCN Congress, to support your personal and professional development. You can find about RCN events and what is happening in your area by visiting **www.rcn.org.uk/events**