

# ESNA

Epilepsy Nurses Association

[www.esna-online.org](http://www.esna-online.org)

Facebook: Epilepsy Nurses Association\_ESNA

X/Twitter: ESNA\_epilepsy

Linked In: ESNA

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# EpilepSy Nurses Association

EpilepSy Nurses Association is a professional organisation whose membership consists of nurses and other health professionals working to support people with epilepsy in the fields of adults, learning disabilities and paediatrics.

We aim to educate, provide expertise and empowerment for all epilepsy professionals



# ESNA aims to:

- Improve quality of life for people with epilepsy through a commitment to promoting services relevant to their needs.
- Endeavour, through best practice, to provide support and advice to any health care professional caring for those with epilepsy.
- Promote nursing research and development in order to improve care for those with epilepsy.



- Enhance multi-disciplinary professionals development by the sharing of clinical knowledge, through developing a nationwide network of expertise available to the members.
- Act as a facilitator in the raising of the profile of the Epilepsy Nurse by promoting and supporting the need for such a nurse in epilepsy.
- Support and act as a resource to nurses working in the field of epilepsy.



# Locality Groups

- Eastern region
- London
- Midlands (Covers Milton Keynes, Oxford, Birmingham, Coventry, Northampton)
- North East
- North West
- Northern Ireland – currently being set up again
- South east (Covers London, Kent, Oxfordshire, East & West Sussex, Hampshire, Berkshire & Buckinghamshire)
- South west (SWENG) (Covers Cornwall, Devon, parts of Somerset, Dorset, Jersey)
- Southern Ireland -now being started
- Scotland
- Wales (WEN)

We also have some affiliated groups who provide regional support for specific sub-groups e.g. LD



# Benefits of membership

- Access to the ESNA website which holds many resources you can use for your practice
- Access to Epilepsia via the website
- Access to the locality groups who organise regional meetings and local support
- Lower price/free to attend conferences (one year general conference, next year prescribing conference)
- Weekly updates, via email, of epilepsy related news that you can also tap into to ask your peers questions or get them involved in projects



# More benefits

- Invitations to join national studies and forums to steer epilepsy national guidance
- ESNA have excellent relationships with the epilepsy charities and our members are invited to join research and events
- Free ACNR magazine delivered to you or sent via email



# Future and current projects

- ESN competencies updates – completed and ratified by RCN in 2023 (all 3 specialities)
- Facebook, Linked in, X (Twitter) presence increasing
- Treatment & Prescribing Day planning for 2025 -1 day meeting in Birmingham
- ESNA have taken over the ownership of the Joint Epilepsy Council guidelines for Epilepsy Awareness and Rescue Medication Training Programmes, these were re-launched in 2023 and are being picked up by CQC as good practice guidelines. There is also a carer competency checklist (both are free on the ESNA website)





- ESNA are working with NICE, MHRA, ILAE, RCPsych, SIGN
- Working with ILAE on best practice maternity guidelines and emergency care guidelines
- Working with NHS England on the epilepsy pathway
- Working with the MHRA on the Valproate guidelines & risk assessment (Prevent)
- Fast facts: Epilepsy books have been updated. Adult book launched 2022, Paediatric book launched 2023. Future projects are planned for gender related issues, Functional Seizures , learning disability and epilepsy
- Liaison with Edinburgh Napier University on the relaunched PG Cert in Epilepsy Studies



# ESNA Competencies

## Learning Disability, Paediatric, Adult

The competency framework  
for registered nurses  
providing specialist care  
for those with a diagnosis  
of epilepsy and learning  
disability



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educational content and not to  
any product. RCN cannot confirm  
competence of any practitioner.

The competency framework  
paediatric epilepsy nurse  
specialists (PENS)



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The competency framework  
for adult epilepsy specialist  
nurses (adult ESN)



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# ESNA Competencies

- There are separate competencies for Epilepsy Specialist Nurses for children, adults and supporting people with learning disabilities. These were updated in 2023 and the plan is for them all to be amalgamated into one document from the next review with specialised sections for role specific information.
- They have 3 levels within them; novice, competent, expert (roughly aligned with bands 6, 7 and 8).
- Each framework identifies the knowledge and understanding needed to demonstrate each level of practice.
- They are RCN ratified standards for ESNs
- Written by Epilepsy Specialist Nurses in consultation with ESNA, RCN and other key individuals and organisations, these are updated every 2 years



# ESNA Contact Details

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