

## RCN Diabetes Forum Conference Essentials of diabetes management

Venue: 20 Cavendish Square, London W1G 0RN

Date: Friday 7 February 2025

Please note these programme details and timings are subject to change. A final programme will be in your delegate pack at the event.

Vs14

### Programme at a glance Vs14

09.00	Registration, exhibition, networking and refreshments		
09.45	<b>Welcome address</b> Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer. Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Lead Nurse for Diabetes, East Kent Hospitals		
09.55	<b>Diagnosis – getting it right first time</b> Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Callum Metcalfe-O’Shea, Professional Lead for Long Term Conditions, RCN		
10.25	<b>Person centred care and exploring diabetes stigma in people using glucose monitoring technologies</b> Charlotte Gordon, Assistant Professor of Adult Nursing, Northumbria University. Forum link nurse		
11.05	Refreshments and exhibition viewing		
11.30	<b>Introduction to Continuous Glucose Monitoring (CGM)/Hybrid Closed Loop (HCL)</b> Geraldine Gallen, Type 1 Service Lead, Senior Diabetes Specialist Nurse, Kings College Hospital, London. <i>This session will have 15 minutes for questions.</i>		
12.30	Lunch and exhibition viewing		
13.30	Workshop 1 Rm: Cowdray Hall	Workshop 2 Rm: 101/102 Floor 1	Workshop 3 Rm 307 Floor 3
	<b>Beyond Blood Sugar: Cardio-renal benefits of GLP-1RA/GLP1-RA/GIP and SGLT2i</b> Tamsin Fletcher-Salt, Clinical Diabetes Nurse Specialist, Diabetes and Endocrine Nurse Team Leader University Hospitals of North Midlands NHS Trust; Diabetes Forum Committee member.	<b>Empowering health choices in Type 2 diabetes: Tailored strategies for diverse lives.</b> Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer	<b>'SGLT-2i's - what does this mean for sick day rules?</b> Mariana Biscoito, Diabetes Specialist Nurse, Undergraduate Medical School, University Hospitals of North Midlands NHS Trust. Forum Link Nurse

14.15	<b>Transition break</b>		
14.20	<b>Workshop 4 Rm Cowdray Hall</b>	<b>Workshop 5 Rm 101/102 Floor 1</b>	<b>Workshop 6 Rm 307 Floor 3</b>
	<b>Diabetes technologies practical workshop</b> Amanda Epps, RCN Diabetes Forum Deputy Chair  Tamsin Fletcher-Salt, Diabetes Forum Committee member.	<b>Basics of insulin management</b> Debbie Holder, Diabetes Inpatient Specialist Nurse, Endocrinology and Diabetes, Norfolk and Norwich University Hospitals NHS Trust (NNUH). Forum Link Nurse; Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN	<b>Diabetes: what to eat – busting the myths</b> Nusrat Kausar, Clinical Director, Primary Care Dietitians
15.05	<b>Refreshments and exhibition viewing</b>		
15.30	<b>The Challenge and Impact of Stigma on People Living with a Long-term Condition- Implications for Nurses</b>  Angus Forbes, Professor of Diabetes Nursing and Dr Judith Parsons, Lecturer in Women's Health in Long-term Conditions		
16.00	<b>Lived experience – the patient's perspective</b>  A facilitated conversation to hear the patient's perspective with a Q&A opportunity.		
16.30	<b>Chair's closing remarks</b>  Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer.  Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN		
16.35	<b>Conference close</b>		