

RCN Diabetes Forum Conference Essentials of diabetes management

Venue: 20 Cavendish Square, London W1G 0RN

Date: Friday 7 February 2025

Please note these programme details and timings are subject to change. A final programme will be in your delegate pack at the event.

Vs16A

Programme at a glance

09.00	Registration, exhibition, networking and refreshments		
09.45	Welcome address Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer. Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Lead Nurse for Diabetes, East Kent Hospitals		
09.55	Diagnosis – getting it right first time Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Callum Metcalfe-O’Shea, Professional Lead for Long Term Conditions, RCN		
10.25	Insights under the skin ... Navigating Diabetes Stigma in people using wearable glucose monitoring technologies – why person-centredness matters. Charlotte Gordon, Assistant Professor of Adult Nursing, Northumbria University.		
11.05	Refreshments and exhibition viewing		
11.30	Introduction to Continuous Glucose Monitoring (CGM)/Hybrid Closed Loop (HCL) Geraldine Gallen, Type 1 Service Lead, Senior Diabetes Specialist Nurse, Kings College Hospital, London. <i>This session will have 15 minutes for questions.</i>		
12.30	Lunch and exhibition viewing		
13.30	Workshop 1 Rm: Cowdray Hall	Workshop 2 Rm: <u>103</u> , Floor 1	Workshop 3 Rm 101 Annie Altschul, Floor 1
	Beyond Blood Sugar: Cardio-renal benefits of GLP-1RA/GLP1-RA/GIP and SGLT2i Tamsin Fletcher-Salt, Clinical Diabetes Nurse Specialist, Diabetes and Endocrine Nurse Team Leader University Hospitals of North Midlands NHS Trust; Diabetes Forum Committee member.	Empowering health choices in Type 2 diabetes: Tailored strategies for diverse lives. Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer; Bernadette Adeyileka-Tracz, Executive Director Diabetes Africa	'SGLT-2i's - what does this mean for sick day rules? Mariana Biscoito, Diabetes Specialist Nurse, Undergraduate Medical School, University Hospitals of North Midlands NHS Trust.

14.15	Transition break		
14.20	Workshop 4 Rm Cowdray Hall	Workshop 5 Rm 102, Agnes Hunt, Floor 1	Workshop 6 Rm 101, Annie Altschul, Floor 1
	Diabetes technologies practical workshop Amanda Epps, RCN Diabetes Forum Deputy Chair Tamsin Fletcher-Salt, Diabetes Forum Committee member.	Basics of insulin management Debbie Holder, Diabetes Inpatient Specialist Nurse, Endocrinology and Diabetes, Norfolk and Norwich University Hospitals NHS Trust (NNUH). Forum Committee member; Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN	Diabetes: what to eat – busting the myths Nusrat Kausar, Clinical Director, Primary Care Dietitians
15.05	Refreshments and exhibition viewing		
15.30	The Challenge and Impact of Stigma on People Living with a Long-term Condition- Implications for Nurses Angus Forbes, Professor of Diabetes Nursing and Dr Judith Parsons, Lecturer in Women's Health in Long-term Conditions, King's College London		
16.00	Lived experience – the patient's perspective A facilitated conversation to hear the patient's perspective with a Q&A opportunity. Chair: Charlotte Gordon, Assistant Professor of Adult Nursing, Northumbria University Panelists: <ul style="list-style-type: none"> • Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Lead Nurse for Diabetes, East Kent Hospitals. • Tamsin Fletcher-Salt, Clinical Diabetes Nurse Specialist, Diabetes and Endocrine Nurse Team Leader, University Hospitals of North Midlands NHS Trust; Diabetes Forum Committee member. • Helena Petrisor, Senior Health Care Assistant, A&E Department, Year 2 Adult Nursing Student, Solent University, Diabetes Forum Committee member. 		
16.30	Chair's closing remarks Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer. Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN		
16.35	Conference close		