

RCN Diabetes Forum Conference Essentials of diabetes management

Venue: 20 Cavendish Square, London W1G 0RN

Date: Friday 7 February 2025

Please note these programme details and timings are subject to change. A final programme will be in your delegate pack at the event.

Vs16

Programme at a glance Vs14

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| 09.00 | Registration, exhibition, networking and refreshments | | |
| 09.45 | Welcome address | | |
| | Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer. Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Lead Nurse for Diabetes, East Kent Hospitals | | |
| 09.55 | Diagnosis – getting it right first time | | |
| | Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Callum Metcalfe-O’Shea, Professional Lead for Long Term Conditions, RCN | | |
| 10.25 | Person centred care and exploring diabetes stigma in people using glucose monitoring technologies | | |
| | Charlotte Gordon, Assistant Professor of Adult Nursing, Northumbria University. | | |
| 11.05 | Refreshments and exhibition viewing | | |
| 11.30 | Introduction to Continuous Glucose Monitoring (CGM)/Hybrid Closed Loop (HCL) | | |
| | Geraldine Gallen, Type 1 Service Lead, Senior Diabetes Specialist Nurse, Kings College Hospital, London. <i>This session will have 15 minutes for questions.</i> | | |
| 12.30 | Lunch and exhibition viewing | | |
| 13.30 | Workshop 1 Rm: Cowdray Hall | Workshop 2 Rm: 102, Agnes Hunt, Floor 1 | Workshop 3 Rm 101 Annie Altschul, Floor 1 |
| | Beyond Blood Sugar: Cardio-renal benefits of GLP-1RA/GLP1-RA/GIP and SGLT2i Tamsin Fletcher-Salt, Clinical Diabetes Nurse Specialist, Diabetes and Endocrine Nurse Team Leader University Hospitals of North Midlands NHS Trust; Diabetes Forum Committee member. | Empowering health choices in Type 2 diabetes: Tailored strategies for diverse lives. Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer; Bernadette Adeyileka-Tracz, Executive Director Diabetes Africa | 'SGLT-2i's - what does this mean for sick day rules? Mariana Biscoito, Diabetes Specialist Nurse, Undergraduate Medical School, University Hospitals of North Midlands NHS Trust. |

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| 14.15 | Transition break | | |
| 14.20 | Workshop 4 Rm Cowdray Hall | Workshop 5 Rm 102, Agnes Hunt, Floor 1 | Workshop 6 Rm 101, Annie Altschul, Floor 1 |
| | Diabetes technologies practical workshop Amanda Epps, RCN Diabetes Forum Deputy Chair Tamsin Fletcher-Salt, Diabetes Forum Committee member. | Basics of insulin management Debbie Holder, Diabetes Inpatient Specialist Nurse, Endocrinology and Diabetes, Norfolk and Norwich University Hospitals NHS Trust (NNUH). Forum Committee member; Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN | Diabetes: what to eat – busting the myths Nusrat Kausar, Clinical Director, Primary Care Dietitians |
| 15.05 | Refreshments and exhibition viewing | | |
| 15.30 | The Challenge and Impact of Stigma on People Living with a Long-term Condition- Implications for Nurses Angus Forbes, Professor of Diabetes Nursing and Dr Judith Parsons, Lecturer in Women's Health in Long-term Conditions, King's College London | | |
| 16.00 | Lived experience – the patient's perspective A facilitated conversation to hear the patient's perspective with a Q&A opportunity. Chair: Charlotte Gordon, Assistant Professor of Adult Nursing, Northumbria University Panelists: <ul style="list-style-type: none"> • Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Lead Nurse for Diabetes, East Kent Hospitals. • Tamsin Fletcher-Salt, Clinical Diabetes Nurse Specialist, Diabetes and Endocrine Nurse Team Leader, University Hospitals of North Midlands NHS Trust; Diabetes Forum Committee member. • Helena Petrisor, Senior Health Care Assistant, A&E Department, Year 2 Adult Nursing Student, Solent University, Diabetes Forum Committee member. | | |
| 16.30 | Chair's closing remarks Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer. Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN | | |
| 16.35 | Conference close | | |