

## RCN Fertility Nursing Conference 2024

# Innovative Horizons: New technologies and empowering fertility nurse support



Wednesday 2 October 2024 RCN HQ, London

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#### Welcome

Dear Colleague,

On behalf of the Royal College of Nursing (RCN), welcome to the RCN Fertility Nursing Conference: Innovative Horizons: New technologies and empowering fertility nurse support.

We trust that you will find the conference stimulating and informative and that you'll have an opportunity to network with colleagues during the event. We hope you will go away feeling inspired, invigorated and armed with information to share with colleagues in your workplace.

The RCN believes in life-long learning and actively promotes the continuing professional development of nurses. For this reason, certificates of attendance are included in the conference pack and the framework for reflection can be found on the reverse. You are encouraged to contribute attendance at RCN events towards your framework for reflection which can be included in your portfolio.

At the end of the event, you will receive an email with a link to the online conference evaluation. We'd be grateful if you would complete this as soon as possible and within seven days of the conference. Your comments and feedback are invaluable in helping us plan future RCN conferences.

RCN staff and committee members are also on hand to answer any queries you may have regarding your membership. Or if you're a non-member, they can inform you of the many benefits of joining the RCN. As a member, you can join any number of the RCN Forums. Forums have active Facebook groups that provide you with the opportunity to connect with colleagues and keep up to date on current practice related issues.

The RCN has professional forums across the diverse nursing arena and RCN members can join as many of these forums as they wish. Forums are a huge area of influence and direction for the RCN and are a valuable opportunity to network with colleagues around the UK and be involved in consultation responses, conferences, events and workshops, and forum-led publications. Find out more at: https://www.rcn.org.uk/Get-Involved/Forums-and-networks

We'd like to thank you for supporting this conference and look forward to welcoming you back to future RCN events. A full list of future events can be found on page 18 of this conference brochure.

With best wishes,

Francesca Steyn Chair, RCN Fertility Nursing Forum

### Programme at a glance

Programme at a glance				
9.00	Registration, exhibition, networking and refreshments			
9.45	Chair's opening remarks Francesca Steyn, Clinical Services Manager, Wales Fertility Institute Chair, RCN Fertility Nursing Forum			
9.55	Technology and ultrasound – new guidance Anne Howard, Deputy Director of Nursing, Peppy Health			
10.25	Bringing the IVF clinic into the digital age Katie Rankin, Senior Fertility Nurse, Avenues			
10.55	Refreshments and exhibition viewing			
11.25	Sponsored Educational Session:  Is fertility just a female problem, what about the men?  Ian Stones, Cofounder and Codirector, testhim  **testhim.**			
11.45	Navigating Prostate Health and Fertility: Raising awareness of the challenges for older men aspiring to fatherhood Helen Lake, Urology Specialist Nurse, The Urology Foundation Charity			
12.15	Embryology, new technologies in the lab Lyndon Miles, Consultant Embryologist, CARE, Cardiff			
12.45	Lunch and exhibition viewing			
13.45	Patient information and role of the HFEA: getting to the right source Rachel Cutting, Director of Compliance and Information, HFEA			
14.15	How to manage your stress response Linda Gillham, Certified Transactional Analyst, Linda Gillham Counselling			
14.45	Refreshments and exhibition viewing			
15.15	Panel discussion: Advanced Nurse Practice Chair: Francesca Steyn, Clinical Services Manager, Wales Fertility Institute, Chair, RCN Fertility Nursing Forum Buki Fatuga, Fertility Nurse Specialist, RCN Fertility Nursing Forum Steering Committee			

	Shelley McGeeney, Clinical Fertility Nurse Specialist, UCLH Nicola Benton, Unit Nurse Manager, Wales Fertility Institute
16.00	Chair's closing remarks Francesca Steyn, Clinical Services Manager, Wales Fertility Institute Chair, RCN Fertility Nursing Forum
16.15	Conference close

#### General information

#### Conference enquiries

Please ask staff on the registration desk if you have any specific requirements regarding access, lost property or have queries regarding your membership.

#### **Badges**

For security purposes, participants must wear their badges at all times. Participants will not be admitted to the conference sessions without the appropriate badge.

#### **Programme**

Please refer to the programme for details of the times and locations of all conference sessions. Staff will be on hand to guide you as necessary.

#### Q&A

Two roving microphones will be available during question times for the audience to use. Any person chosen to ask a question should announce their name and workplace before asking their question. Following a response, they may be invited to comment on that response.

#### **Event evaluation**

We aim to produce high quality events for all our delegates. An event evaluation will be emailed to all delegates. Please spare 5 minutes, your feedback helps us plan future events.

#### Exhibition

There is a small exhibition running alongside this event. These exhibitors have chosen to exhibit at this conference as they feel their products and/or services may be of interest to you. The exhibition also supports the conference, therefore please take the time to go and visit each exhibition stand during the exhibition viewing times.

#### Receipts

If you require a receipt or have any queries relating to your registration or payment for this event, please contact staff on the registration desk at the event. Alternatively, receipts are also available by contacting RCN Event Registrations direct on 029 2054 6460 between 9.00am and 4.30pm Monday to Friday.

#### Specific requirements

Please ask at the registration/enquiries desk if you have any specific requirements (e.g. dietary, accessibility etc.)

#### Electronic devices

Out of courtesy to others, delegates are requested to switch off or set to silent all electronic devices during conference sessions.

#### **Smoking**

20 Cavendish Square operates a no-smoking policy (this includes electronic cigarettes). This means that smoking is prohibited in any part of the building

including the restaurant patio area and the access areas to the building; for example the main steps and ramp to 20 Cavendish Square and by the goods entrance at 1a Henrietta Place.

#### **Toilets**

Toilets are located on the lower ground or first floor, and accessible toilets on the ground floor.

#### Fire Evacuation Procedure

In the event of an evacuation:

- If the alarm sounds, please make your way to the nearest fire exit. The meeting point is Cavendish Square Gardens.
- Use the stairs do not use the lifts.
- Anybody who would need help to evacuate the building should let reception
  or the organiser know when they enter the building so the venue is aware in
  the case of a fire alarm.
- If anyone is trapped or in need of assistance, please inform Reception or a Fire Marshal.

#### **Assembly Point**

- Cavendish Square Gardens is the assembly point.
- Cross the road using the zebra crossing or traffic lights, it is dangerous to cross the road at any other place.
- Please remain in Cavendish Square Gardens until a Fire Marshall instructs you otherwise.

#### Liability

The RCN will not accept any liability for loss or damage to personal effects which may arise as a result of attendance at this event.

#### Continuing Professional Development

The RCN believes in lifelong learning and actively promotes the continuing professional development of all nurses. Authorised RCN certificates of attendance have been issued to all participants. This event is also subject to the RCN Events quality assurance framework. You should log what you have learnt at this event using the Framework for Reflection guidelines on the back of your certificate and keep this document in your personal professional portfolio.

#### Free information at your fingertips

The RCN offers several FREE online resources with all the latest information and guidance on nursing practice issues such as: clinical guidelines, patient safety and eHealth - see <a href="http://www.rcn.org.uk/development/practice">http://www.rcn.org.uk/development/practice</a>.

#### Media partner



RCNi is the premier provider of innovative and creative information solutions for the whole nursing team and associated health professionals. With 11 nursing journals, including Nursing Standard, RCNi provide health professionals with the latest developments impacting nursing, including changes in policy, practice and research. RCNi also offer a range of digital products including RCNi Learning, an interactive online resource of CPD training modules, and the RCNi Portfolio, an online store and tracking system to help you with revalidation.

#### Speaker information

#### Conference chair:

Francesca Steyn, RCN Fertility Nursing Forum Chair and Clinical Services Manager, Wales Fertility Institute

#### Biography

Francesca Steyn is a Fertility Nurse Specialist and the Clinical Services Manager of Wales Fertility Institute, the only NHS Fertility unit in Wales. She has over 19 years of experience in the fertility sector and is the current chair of the RCN Fertility Nursing Forum.

She has worked in various busy fertility units in both the NHS and private sectors and has had the opportunity to learn and develop a wide range of skills, including performing surgical sperm retrievals under consultant supervision, assisting with the management of the fertility needs of patients diagnosed with a blood borne virus, managing large donation programmes, leading and implementing surrogacy programmes and most recently, built out and developed a remote app based fertility care service.

Francesca has presented her work on an international level and has co-authored RCN publications and guidance for fertility nursing staff and published Department of Health guidance on surrogacy best practice and care in surrogate births. She was awarded surrogacy professional of the year in both 2018 and 2019 at the National Surrogacy Awards and was awarded the RCN Award of merit in 2023 for her contribution to nursing and the RCN. She is a member of the legislative reform advisory group, appointed by the HFEA to modernise the Human Fertilisation and Embryology Act and a member of the NICE Fertility problems: assessment and treatment (update) group.

# Anne Howard, Deputy Director of Nursing, Peppy Health Talk title: Technology and ultrasound – new guidance

#### Summary

This session aims to inform fertility nurses about the latest RCN fertility nurse forum publication - Ultrasound guidance for Fertility Nurses.

This session aims to give individuals a clear understanding of why this document was put together and what we aim to achieve with it.

#### Learning outcomes

- 1. Explain the purpose of the new publication
- 2. Describe how they can ensure their ultrasound practice is kept up to date
- 3. Identify how they can expand their knowledge of ultrasound

#### Biography

Anne has spent 14 years as a fertility nurse specialist in both the NHS and private sector, earning her Fertility Sister post. Working in nurse-led and clinician-led clinics and helping to develop an ovulation monitor. She later became Nurse

Manager for Care Fertility Birmingham and its satellite, Care Fertility Tamworth. Currently, she is currently the Deputy Director of Nursing for Peppy Health, a digital employee benefit that supports and educates employees about fertility, women's health, menopause, pregnancy, parenthood, and men's health.

Katie Rankin, Senior Fertility Nurse, Avenues Talk title: Bringing the IVF clinic into the digital age

#### Summary

The integration of digital technologies and advanced patient and clinician applications into healthcare settings is revolutionising daily operations, offering significant benefits for both patients and nursing staff, and can ultimately improve outcomes, and patient experience. This presentation aims to explore how digitisation of processes can be integrated into fertility clinics, the challenges and barriers that may arise within the process, and provides an insight into the future of digital fertility nursing.

#### Learning outcomes

- 1. Explore ways in which digitisation of nursing care can improve the experience for both patients and nurses.
- 2. Identify challenges that may arise when digitising care and recognise how these challenges can be overcome.

#### Biography

Katie, registered Nurse and Midwife, is a dedicated Senior Fertility Nurse with 9 years of experience in healthcare, and just over 3 years in fertility and reproductive health. Katie provides compassionate and individualised care, whilst guiding individuals and couples through diagnostic investigations, treatment preparation and various fertility treatments. Katie is deeply committed to providing personalised, empathetic support, understanding the emotional and physical challenges her patients face. She stays current with advancements in reproductive medicine and is passionate about Pelvic Ultrasound, and how technology can improve the patients journey.

Sponsored Educational Session:

Ian Stones, Cofounder and Codirector, testhim
Talk title: Is fertility just a female problem, what about the men?



#### Summary

With so much of fertility support being aimed at women and with the focus of testing & treatment heavily focussed on women are we missing a major part of the puzzle? And if we're missing this part of the puzzle what does it mean for the men and ultimately the couple. Male infertility has a profound effect on men in many ways and this session aims to highlight why it is that we need more focus

on the male side to ensure both men and women are tested and supported properly.

#### Learning outcomes

- 1. That a (heterosexual) couples ability to conceive sits equally with them both and that they should therefore both be tested and supported equally.
- 2. The impact of male infertility has far reaching consequences for a man's self-esteem, self-worth and his mental wellbeing.
- 3. Further testing and support is available for the man and it could make all the difference to a couples chance of starting a family if it is offered at the right time by the right professional with the right support.

Helen Lake, Urology Specialist Nurse, The Urology Foundation Talk title: Navigating Prostate Health and Fertility: Raising awareness of the challenges for older men aspiring to fatherhood

#### Summary

This presentation highlights the critical connection between prostate health and fertility in men over 45, a demographic where prostate issues, such as benign prostatic hyperplasia (BPH) and prostate cancer (PC), often begin to emerge. These conditions can significantly impact reproductive choices, making it essential for healthcare professionals, particularly in urology settings, to address these challenges.

As more men are starting families later in life or pursuing second families, understanding the onset of prostate problems becomes crucial for timely intervention and effective care. Nurses play a vital role in guiding men through treatment options, helping them make informed decisions that consider both prostate health and fertility goals. It is important for nurses to raise awareness about fertility options for older men, rather than assuming that fertility is not an issue due to age. Additionally, being aware that lifestyle factors such as diet and exercise can improve symptoms of prostatic enlargement and potentially minimise the need for pharmacological or surgical interventions — which can impact fertility — further equips nurses to support older men in maintaining both prostate health and fertility. This presentation aims to empower nurses with the knowledge needed to navigate these complex issues effectively.

#### Learning outcomes

- 1. Prostate Health and Ageing. Nurses will be able to identify and describe the key biological and medical changes in prostate function that occur as men age, with an emphasis on understanding common conditions such as benign prostatic hyperplasia (BPH) and prostate cancer (PC) and their potential impact on overall health.
- 2. Medical Management of Prostate Health. Nurses will be able to identify and describe common medical treatments and interventions for managing prostate health in older men, including pharmaceutical and surgical options, with a focus on understanding how these treatments may influence patient outcomes, including considerations for fertility.

3. Holistic Approaches to Prostate Care Nurses. will be able to identify, describe, and explain the importance of holistic approaches, incorporating diet and exercise, and how to integrate these strategies into patient care to support older men in achieving their goal of fatherhood and understanding the role of a healthy lifestyle in managing prostate conditions.

#### Recommended reading list / references

- 1. https://www.rcn.org.uk/Professional-Development/publications/rcn-male-factor-fertility-uk-pub-011-233
- 2. https://uroweb.org/guidelines/sexual-and-reproductive-health/chapter/male-infertility
- 3. Kwok (A) Lucky (M) (2021) Male Infertility in Kirby(S) Carson (C) White (A) Kirby (M) (ed.) Men's Health Fourth Edition. Oxford. CRC Press. pp 191-197

#### Biography

Helen is a Urology Specialist Nurse with expertise in bladder dysfunction, urinary tract infections, prostate issues, urological cancers, erectile dysfunction, and male infertility. Her career began in the NHS, advancing to Clinical Nurse Specialist and leading innovative care services. Previously, she was Director of Men's Health for a digital provider and served as a Trustee for The British Association of Urology Nurses. Currently, she's with The Urology Foundation, developing UTI support services, and serves as a Non-Executive Director for ManHealth. Helen has contributed to several peer-reviewed articles and RCN guidelines on male infertility.

# Lyndon Miles, Consultant Embryologist, CARE, Cardiff Talk title: Embryology, new technologies in the lab

#### Summary

New technologies in the IVF lab are continuously evolving, aiming to improve success rates, ensure healthier pregnancies, and make the process more efficient and less invasive. Where are we now and where are we going?

#### Learning outcomes

- 1. Describe how the roll of the Embryologist is changing as technologies evolve
- 2. Describe the potential automation and streamlining evolving in the lab
- 3. Understand the potential future of genetics in the Embryology lab

#### Recommended reading list / references

1. In vitro fertilization and andrology laboratory in 2030: expert visions Campbell, Alison et al. Fertility and Sterility, Volume 116, Issue 1, 4 - 12

#### Biography

Lyndon has worked in the IVF field for over 30 years. He has extensive experience from working in many IVF clinics, including six years as Senior Embryologist and Harvard Instructor at Brigham & Women's Hospital, Harvard

Medical School, Boston, USA. He is experienced in performing preimplantation genetic testing (PGT).

Lyndon served for 5 years as a member of the Association of Clinical Embryologists Training and Examination Committee acting at a national level as an assessor for new members of the clinical embryology profession. He has presented at both national and international conferences. He has a special interest in making treatments and information more accessible to patients. He was until recently the Director of CRGW, a group of 5 clinics in Wales and the South West prior to the group being acquired by CARE fertility in 2023.

# Rachel Cutting, Director of Compliance and Information, HFEA Talk title: Patient information and role of the HFEA: getting to the right source

#### Summary

The HFEA is the UK's independent regulator of fertility treatment and research using human embryos. As well as ensuring high quality care is delivered in fertility clinics by licensing, monitoring and inspecting clinics, the HFEA has a statutory duty to provide impartial, accurate information and advice. The HFEA website provides comprehensive information regarding all aspects of fertility treatment setting out the different treatment options and implications. including detailed information regarding the use of add-ons. Patients can access detailed information regarding individual clinics via our choose a fertility clinic tool. Many publications are also published on the website, including our annual fertility trends report and state of the sector. Our publications on family formations, ethnic diversity and donation gives valuable insight into our sector. With respect to signposting to the HFEA website we would expect clinics to inform patients of our information on add-ons (Code of practice guidance note 4.8). We encourage patients to access the HFEA website for accurate information especially as patients often find clinic websites over whelming. However, it is also imperative staff working within clinics access the HFEA clinic portal and knowledge base to ensure they are providing factual information in line with the law to patients.

#### Learning outcomes

- Understand the role of the HFEA in providing impartial accurate information
- 2. Access the HFEA website and understand the information provided
- 3. Provide patients with accurate information

#### Recommended reading list / references:

- 1. www.hfea.gov.uk
- 2. https://portal.hfea.gov.uk/knowledge-base/read-the-code-of-practice/

#### Biography

Rachel is the Director of Compliance and Information at the HFEA, the UK regulator of fertility treatments. Prior to this she worked as an embryologist for over 20 years, holding the position of Principal Embryologist and Person Responsible at Jessop Fertility. Rachel was Chair of Association of Embryologists from 2011 to 2014. She was involved in writing the national curriculum for training

embryologists and has written national guidelines for oocyte freezing and elective single embryo transfer. She was awarded an MBE in 2015 for services to infertility.

#### Linda Gillham, Certified Transactional Analyst, Linda Gillham Counselling Talk title: How to manage your stress response

#### Summary

This presentation explains the Polyvagal Theory (Porges, 1994) to help us to understand how our bodies react to both real and perceived stress. We know repeated exposure to stress is damaging for both our mental and physical health, and it can feel difficult to manage when you our stuck in a cognitive loop, polyvagal techniques can be helpful. The presentation will end with simple physical techniques for managing our stress response in our daily lives.

#### Learning outcomes

- 1. How our bodies respond to stress via our senses
- 2. Common symptoms of repeated and extended exposure to stress
- 3. Techniques to manage your stress

#### Recommended reading lists / references

- https://www.audible.co.uk/pd/The-Pocket-Guide-to-the-Polyvagal-Theory-Audiobook/1705219861?ipRedirectOverride=true&overrideBaseCountry=true&bp\_o=true&source\_code=PS1PP30DTRIAL453022924008Z&ipRedirectOverride=true&gbraid=0AAAAAD8-Fqil7jLufdQ8qhyZN3inXx6Ue&gclid=CjwKCAjwqf20BhBwEiwAt7dtddRqU3GQEluS\_3nGHJywLSPr2uhbmHUTq3D3d5x1DpW\_BCpNGIgE\_BoCsxMQAvD\_BwE&gclsrc=aw.ds
- 2. https://www.rhythmofregulation.com
- 3. Polyvagal Theory in Therapy: 100 Therapeutic Polyvagal Exercises for Safety and Connection Kindle Edition by Canyon Quill (Author)

#### Biography

Linda Gillham is a PTSTA in the Counselling field, a Senior Accredited Member of BACP and NCPS. She has been working with mental health for over 15 years both face to face and online. Previous experience includes working with a healthcare app delivering chat, content, presentations for people experiencing menopause, fertility, problems with relationships and parenthood. Special interests in counselling includes working with anxiety, men's mental health, autism, ADHD and infertility.

#### Panel discussion: Advanced Nurse Practice

## Buki Fatuga, Fertility Nurse Specialist, RCN Fertility Nursing Forum Steering Committee

Buki embarked on her journey into Fertility at an NHS fertility clinic, where she gained knowledge about the foundations of fertility. In 2020, she accomplished a Postgraduate diploma in Sexual and reproductive medicine. Buki is a qualified Adult Nurse, Midwife, and Prescriber, with experience in various roles within both

the NHS and Private sector. She is deeply passionate about women's health and Fertility, as well as dedicated to fostering growth and development in nurses and midwives. As a committee member of the Royal College of Nurses fertility forum, she actively contributes to the advancement of evidence-based practice within fertility. Her guiding principle is to always keep the heart at the centre of what we do.

#### Shelly McGeeney, Clinical Fertility Nurse Specialist, UCLH

I am currently based at University College London Hospital NHS Trust as a clinical nurse specialist in the reproductive medicine unit which specialises in IVF, recurrent miscarriage and reproductive endocrinology. I have a senior role which entails the preparing of IVF treatment as well as the continuous support of patients undergoing the process. I am qualified in undergoing follicular ovarian response and endometrium monitoring via sonography.

My overall background began as a staff nurse within gynaecology and early pregnancy in 2008 and in 2010, I underwent my first role as a fertility nurse. I have now worked myself up to a senior nurse practitioner within the field of reproductive medicine.

In addition to my part time position at the reproductive medicine unit, UCLH. I am a private fertility nurse specialist for two highly renowned obstetric, gynaecology and reproductive medicine consultants. I carry out the care and planning for all private IVF treatment cycles for their patients as a self-employed role.

Nicola Benton, Unit Nurse Manager, Wales Fertility Institute
Having worked throughout Women's Health in the Welsh NHS for the past 37
years I have been fortunate to have had the opportunity of developing
professionally and maintaining a good work life balance. Whilst becoming
involved with the secondary care fertility and the IUI service in 2009 as a Fertility
Nurse Specialist, I gained my Honours Degree in Enhanced Professional Practice
focussing on advanced nurse practice.

In 2012 the Welsh funding body commissioned a full NHS reproductive health service for Wales. Satelliting for BCRM initially in treating patients, coordinating and monitoring IVF cycles I gained skills in pelvic ultrasound along with BFS accreditation. I was involved in the development of the Wales Fertility Institute as the Fertility Nurse Specialist and we treated our first IVF patients in 2013.

Personal and Professional development is at the forefront of our nurse team. As the Unit nurse Manager I gained Pelvic ultrasound Msc from Edgehill University and currently undertaking training in embryo transfer.

The management and development of the nurse team is both rewarding and motiving, and my development of structured nurse reflective meeting was recognised in the Wales Chief Nursing Awards. I am passionate about supporting the nurse team, considering the RCN Education and Career Progression Framework as instrumental in achieving this as a manager in conjunction with my own professional development.

#### **Exhibitor listings**

The RCN would like to thank the following organisations for supporting this event.

#### **Exhibitor**

Name	Weblink
Testhim Limited	https://Testhim.com
IBSA	www.ibsapharma.co.uk
Besins Healthcare	www.besinshealthcare.co.uk
Cooper Surgical	www.coopersurgical.com
Health Medica	www.healthmedica.co.uk
RCN Library	www.rcn.org.uk/library/

The RCN welcomes sponsorship from the health care industry to deliver educational initiatives and events for the nursing profession. Financial support is accepted where there is clear alignment in objectives and strong grounds that the collaboration will add value to the RCN's educational offer.

The RCN works to ensure that all commercial activity is ethical, mutually beneficial and complies with the Bribery Act and relevant codes of practice e.g. Association of British Pharmaceutical Industries and Association of British Healthcare Industries.

Sponsorship or exhibition led activity does not imply endorsement by the RCN of any products and services displayed by the sponsors or exhibitors at an RCN event.

#### Acknowledgements and thanks

#### RCN Fertility Nursing Forum Committee

Francesca Steyn, Forum Chair, Clinical Services Manager, Wales Fertility Institute

Anne Howard, Deputy Director of Nursing, Peppy Health

Niki Konsta, Head of Nursing, King's Fertility

Buki Fatuga, Fertility Nurse Specialist

Natasha Witchell, Junior Fertility Nurse, CRGW

Charlotte Galloway, Senior Fertility Nurse, LWC Darlington

Carmel Bagness, Professional Lead, RCN

Megan King, Project Co-ordinator, RCN

#### **RCN Staff**

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#### Follow the forum on social media:

X @RCNFertility, #RCNfertilitynursing24

Facebook RCN Fertility Nursing Forum Facebook Group

### Future RCN Events

### www.rcn.org.uk/events

Date	Event	Location
11 October	RCN Advanced Nurse Practitioner Conference	Online
15 November	RCN Bladder and Bowel Forum Conference	RCN HQ, London
16 November	RCN Ophthalmic Nursing Conference	RCN HQ, London
23 November	Nursing Support Worker Conference	RCN HQ, London
29 November	RCN and SOM joint Occupational Health Nursing Conference	RCN HQ, London
10 December	RCN Women's Health Conference	RCN HQ, London
11 December	RCN Equity, Diversity and Inclusion Conference	RCN HQ, London
7 February	RCN Diabetes Conference	RCN HQ, London
7 March	RCN Pain and Palliative Care Conference	RCN HQ, London
22 March	RCN and NaTHNaC 8 <sup>th</sup> Joint Travel Health Conference	Online
29 March	RCN Critical Care and Flight Nursing Forum Conference	RCN HQ, London
31 March – 1 April	RCN Education Forum Conference	Glasgow
6 June	RCN Acute Care Symposium	RCN HQ, London