



## Cornwall branch AGM and Insight into Mental Health Care Study Day

Thursday 7 November 2024 - 9.00 am - 4.00 pm Pentire Hotel, 60 Pentire Avenue, Newquay TR7 1NU.

Brush up on your knowledge around mental health while helping your local activists by voting in next year's branch executive team and enabling your local RCN reps to continue providing RCN members with support.

Mental health talk planned topics include: psychosis; emotional dysregulation and self harm; mental health in LD and autism or restorative supervision (NB. the last talk is currently tbc). Executive positions up for election include: chair, secretary, treasurer. Stand for a place in your local branch executive committee, or vote for those who do. Get more information and book you place on the event page. Places are limited to 25 so act fast.

X: @RCNSouthWest @RCNCornwall

