

# RCN Cumbria Branch learning event

Thursday 6 February 2025, 10am to 4pm

Blessed Christopher Robinson House,  
Lismore Place, Carlisle, CA1 1LZ.



Join our first learning event of the year. Presentations will address the crucial topics of self care, Huntington's Disease and mental health, and men's mental health initiatives in Carlisle. Meet your branch executive committee and other RCN members. A union is as strong as the sum of its members so come and get involved, boost your knowledge and help shape our plan for 2025.



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